

EMPLOYEE ASSISTANCE PROGRAM

As of October 2018, the district's Employee Assistance Program (EAP) partner is ComPsych Corporation.

You and your family members will have access to ComPsych® GuidanceResources® services. These benefits will give you and your dependents confidential support, resources and information for personal and work-life issues. These services are provided at no charge to you.

Your GuidanceResources services include:

- Employee Assistance Program (EAP) for Confidential Counseling
- Work-Life Solutions
- Legal Support
- Financial Information
- GuidanceResources® Online

GuidanceResources is available to you 24 hours a day, 7 days a week.

There are two ways to access your GuidanceResources benefits:

1. Call **833-812-5180**: You'll speak to a counseling professional who will listen to your concerns and can guide you to the appropriate services you require.
2. Visit GuidanceResources Online at www.guidanceresources.com and enter **the ID: SDP**

Your GuidanceResources benefits are **strictly confidential**. To view the ComPsych HIPAA privacy notice, please go to www.guidanceresources.com/privacy.

Please take some time to explore all the benefits that GuidanceResources can offer to you.

For More Information go to the district's website – *Office of Benefits*

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